



2013 Northwest Chapter Scholarship Winners

Three students from the MEHS program were awarded a scholarship from the ASSE Northwest Chapter. We would like to congratulate Vanessa Peterson, Lana Steck and Ashley Christian-Koep on receiving a scholarship.

All three were present at the April Northwest Chapter meeting in Roseville, where they were presented their awards from the ASSE President Rick Pollock.



Above: Vanessa Peterson, Lana Steck and Ashley Christian-Koep at the Northwest April Meeting

Editors' Corner

We have come to the end of another semester. This month many of us will be graduating and starting our careers in the EHS field. Congratulations to those graduating: Ryan Bogart, Jordan Cataldo, Adam Chesney, Ashley Christian-Koep, Evan Engman, Ashley Fitzner, Greg Kramer, Vanessa Peterson, Matt Wirth, and Lee Wistrom. We would like to thank all of our instructors for their time and dedication over the last year.

In addition to our three scholarship winners, posted on the left, the MEHS program had a presenter at the ASSE Northwest Chapter April Meeting. Lee Wistrom presented on "Analysis of the Utility and Accuracy in using a TSI Sidepak AM 510 Monitor in Measuring Personal Respirable Dust Concentrations," a project he completed while interning at Cliff's Natural Resources.

The MEHS website has been updated periodically and we encourage you to visit it for any additional information about the MEHS program.

<http://www.d.umn.edu/mehs/>

Sincerely,

Ashley Christian-Koep - chri1728@d.umn.edu

Upcoming Events

May 14th 2013:

- Minnesota Safety Council Conference

May 16th 2013:

- MEHS Graduation

MEHS Students Fill You In On Their Year and What They Are Looking Forward To...

1. Favorite memory from your time in the MEHS program?

LEE WISTROM: Our trip to the Future Leaders Conference in Schaumburg, IL. Overall, it was a great experience that I recommend to everyone.

LANA STECK: I enjoyed touring the Paper Mill in Duluth with my classmates.

JORDAN CATALDO: Touring the 148th Air Force facility in Duluth, Minnesota for Industrial Hygiene 2.

VANESSA PETERSON: The PDC at the U of M, was both entertaining and educational.



**Lee Wistrom, Student
Chapter President**

2. Favorite course and why?

LEE WISTROM: Construction Safety and that is mostly due to course content and how it was presented to us.

LANA STECK: Either Risk Management/Worker's Compensation or Safety Regulations.

JORDAN CATALDO: Construction Safety. It was a very active class that spanned many topics and included fieldtrips, real world assignments, and required personal growth.

VANESSA PETERSON: Risk Management/Worker's Compensation. We saw some cool presenters and I learned a lot in this class.

**Lana Steck, Student
Chapter Social
Coordinator**



3. Favorite Project or Presentation?

LEE WISTROM: Has to be my Plan B, which was done with Cliffs Natural Resources and presented to the ASSE Northwest Chapter.

LANA STECK: Favorite presentation was in my safety regulation class. I presented on AWAIR and enjoyed learning about and presenting the subject.

JORDAN CATALDO: Favorite project was a traffic study for Transportation Safety with James Stauber. It gave me a greater insight on national statistics, and how much goes on behind the scenes of the transportation industries.

VANESSA PETERSON: Traffic Study in Transportation Safety was my favorite because it was fun and interesting conducting our own study.

MEHS Students Fill You In On Their Year and What They Are Looking Forward To...

4. *What are you most looking forward to after graduation?*

LEE WISTROM: Besides starting my new career, I am most looking forward to spending more time with friends and family now that school is over.

LANA STECK: After graduation I'm looking forward to landing a solid job. I must admit though that I would like to go on a trip before I start however.

JORDAN CATALDO: I am looking forward to starting my career and growing professionally in a real world environment.

VANESSA PETERSON: No more schoolwork!



Jordan Cataldo, Student Chapter Webmaster

5. *Any recommendations for the future class?*

LEE WISTROM: My first recommendation is to get involved with ASSE and our local chapter. Secondly, is for the next year's MEHS class to continue and improve on the community service projects that were done in 2012. Third, is to take advantage of everything that is offered to the MEHS program. Lastly, is keeping in contact with the UMD MEHS Alumni and reach out to them if you have any questions.

LANA STECK: I didn't realize how many safety jobs there actually were out there until I started the program. Go through the program with an open mind and realize that your hard work will pay off.

JORDAN CATALDO: The big thing I can say is never dismiss your fellow students. Honor them and grow with them so you may learn from their mistakes, successes, and enjoy their company. The program is shorter than you expect and when you look back you will wish you had more time with them. Relish in the days you have together, and help one another with a vulnerability to learn, the vivacity to explore, and the dream to grow.

VANESSA PETERSON: Enjoy your time in school, you will meet some wonderful people and learning is easier together.

**Vanessa Peterson,
Student Chapter
Member**



Advanced Industrial Hygiene Tours

On April 5th, the Advance Industrial Hygiene class toured St. Luke's x-ray laboratory. This allowed the student to see how radiation safety is approached in the medical industry. We would like to thank the St. Luke's team for taking the time for the tour.

On April 19th, the class was able to tour the 148th Minnesota Air National Guard and learn the safety systems in place at the base for radiation protection. The class had a great time touring and appreciate the time the industrial hygienists took for showing us around.

On April 26th, the class toured BendTec, a pipe fabrication and bending company in Duluth. During this tour, students were able to ask questions with a certified radiation technician. We would like to thank Corry Gruwell for allowing us to visit and tour the facility.

Guest Speakers

Throughout spring semester, the MEHS Program students have been fortunate with multiple visits from safety professionals in various industries. The MEHS program and ASSE UMD Student Chapter would like to recognize and thank those that have donated their time in coming to UMD to educate and provide insight into the safety profession: Mortenson Construction, RJF, SFM, Minntac, Covidien, and U.S. Steel (Minntac).

Community Involvement

The ASSE UMD Student Chapter have continued their community involvement this year by working together with a local non-profit drop-in center called Life House, Inc., which assist homeless youth in northeastern Minnesota. The role of the student chapter is to perform an initial safety audit and present our findings to the Life House Leadership Team. Our intentions are to provide practical yet cost effective methods that can be easily incorporated by Life House employees and clients.



Third Issue Coming Soon!

**Visit the MEHS website at:
<http://www.d.umn.edu/mehs/>**